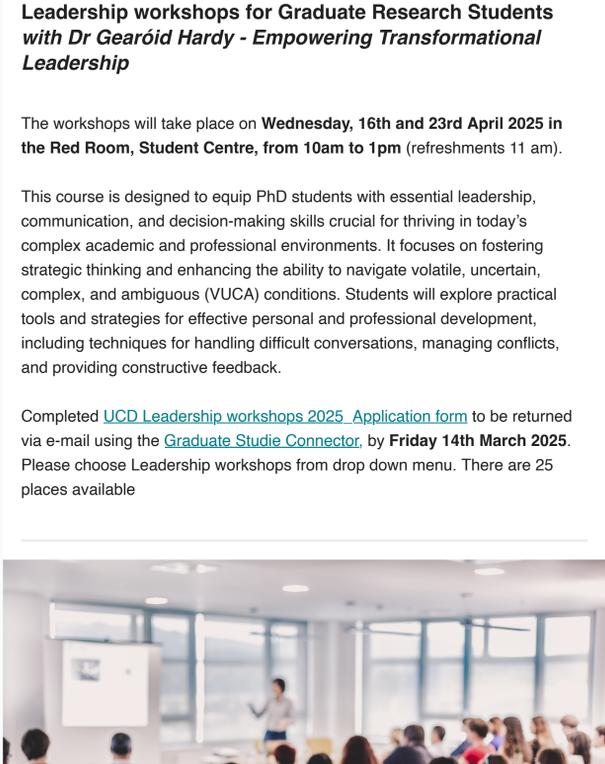


# UCD Graduate Studies Newsletter

February 2025

We were delighted to welcome the new cohort of graduate research students on Wednesday 5th February during our Orientation event. It is always a pleasure to meet new students starting their graduate research programme at UCD and we hope you found the event useful. University life continues and we are already in the middle of this trimester, with longer evenings now noticeable. I am delighted to announce many updates and events for this month that I hope you will find useful.

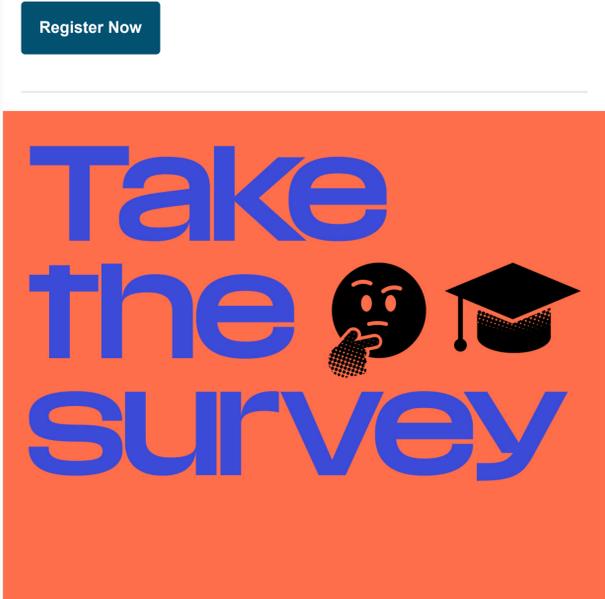


## Leadership workshops for Graduate Research Students with Dr Gearóid Hardy - Empowering Transformational Leadership

The workshops will take place on **Wednesday, 16th and 23rd April 2025 in the Red Room, Student Centre, from 10am to 1pm** (refreshments 11 am).

This course is designed to equip PhD students with essential leadership, communication, and decision-making skills crucial for thriving in today's complex academic and professional environments. It focuses on fostering strategic thinking and enhancing the ability to navigate volatile, uncertain, complex, and ambiguous (VUCA) conditions. Students will explore practical tools and strategies for effective personal and professional development, including techniques for handling difficult conversations, managing conflicts, and providing constructive feedback.

Completed [UCD Leadership workshops 2025 Application form](#) to be returned via e-mail using the [Graduate Studie Connector](#), by **Friday 14th March 2025**. Please choose Leadership workshops from drop down menu. There are 25 places available

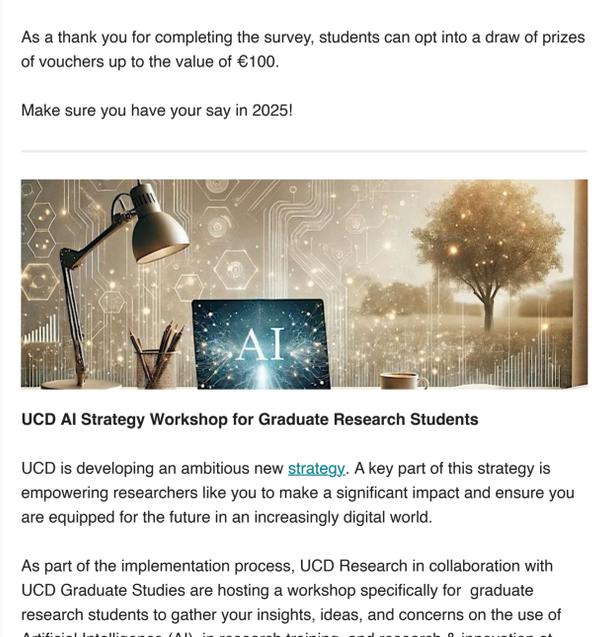


## Online and in-person Graduate Studies workshops

Please remember to check and register for a place on our [research student workshops](#), workshops will continue to 23 April.

Also keep an eye out for workshops offered by colleagues in the Careers Network, Library and the Writing Centre.

You can register for workshops via the [Booking Centre](#).



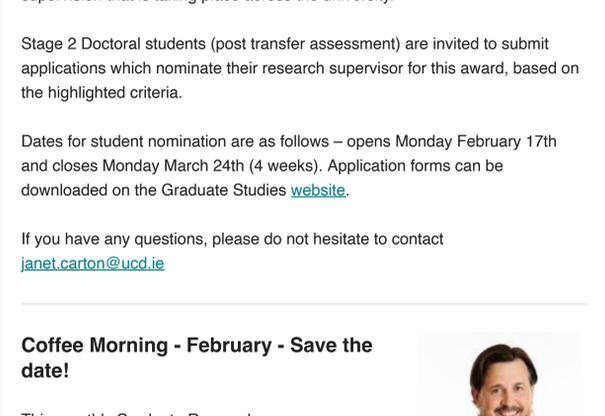
## 23 Things International 2025

Will you join us for another adventure?

For 2025 23T will be changing, with new content, new partner institutions, and an improved Discord server to make meeting other participants easier and more interesting. We'd love you to join us again this year!

Registration for 2024 is now open.

[Register Now](#)



#HaveYourSay

**PGR Student Survey.ie**

## 2025 PGR StudentSurvey.ie

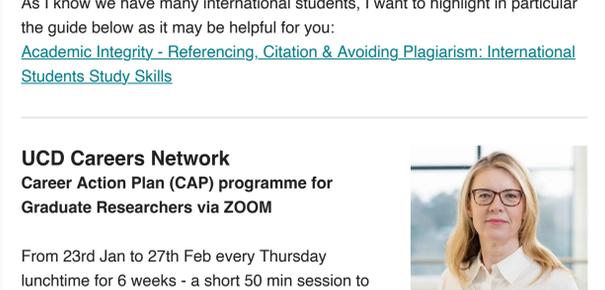
On Tuesday 18th February, you received an invitation from [UCD@qemailservers.com](mailto:UCD@qemailservers.com) to take part in the Irish Survey of Student Engagement for Graduate Research Students (PGR StudentSurvey.ie). It is part of a larger national survey for research students in higher education.

Further information is available at [www.studentsurvey.ie](http://www.studentsurvey.ie) and [UCD Graduate Studies website](#).

By fully engaging with the survey, respondents help ensure that both current and future research students receive the best possible support and resources to succeed academically and professionally. Student feedback plays a crucial role in shaping quality enhancement initiatives at UCD. The experiences of our research students are crucial in helping UCD to fully understand the results of our research students and to inform Schools' quality enhancement planning

As a thank you for completing the survey, students can opt into a draw of prizes of vouchers up to the value of €100.

Make sure you have your say in 2025!



## UCD AI Strategy Workshop for Graduate Research Students

UCD is developing an ambitious new [strategy](#). A key part of this strategy is empowering researchers like you to make a significant impact and ensure you are equipped for the future in an increasingly digital world.

As part of the implementation process, UCD Research in collaboration with UCD Graduate Studies are hosting a workshop specifically for graduate research students to gather your insights, ideas, and concerns on the use of Artificial Intelligence (AI) in your research, training, and research & innovation at UCD—across all disciplines and throughout the full research lifecycle. Your insights are essential in shaping the direction of this initiative and help define the future of AI and digital research at UCD. No experience or expertise in AI is needed to attend.

The AI Strategy Workshop will be held online on the 6th March 2025 from 10am to 11.30am.

[Register Now](#)



## Dean's Award 2025

Call for applications for the Dean's Award for Excellence in Doctoral Supervision. This award recognises the excellent practice in research supervision that is taking place across the university.

Stage 2 Doctoral students (post transfer assessment) are invited to submit applications which nominate their research supervisor for this award, based on the highlighted criteria.

Dates for student nomination are as follows – opens Monday February 17th and closes Monday March 24th (4 weeks). Application forms can be downloaded on the Graduate Studies [website](#).

If you have any questions, please do not hesitate to contact [janet.carton@ucd.ie](mailto:janet.carton@ucd.ie)



## Coffee Morning - February - Save the date!

This month's Graduate Research Adviser, [Eamonn McHugh](#), takes place on **Thursday 27th February at 10.30am in the Red Room in the Student Centre**. If you are planning to attend keep an eye out for an email nearer the time with details on how to sign up.

Eamonn McHugh your UCD student adviser can assist you to find pathways to a deal with personal, social and emotional issues. An extended session on student supports that Eamonn can help you with is on UCD Student Advisers website: [www.ucd.ie/studentadvisers](http://www.ucd.ie/studentadvisers)



## UCD Library Research Toolkit

You can [book a place on library workshops](#) specifically for graduate research students this month.

The workshops are highlighted as *UCD Library Research Toolkit workshops* and reflect key areas relevant to all research students based on the [Irish Universities Doctoral Skills Statement](#).



## UCD Library Guides and Help

Many of you may be already aware of this excellent resource from the UCD Library where researchers can find useful [guides and help](#). Please take a minute to browse the different supports available to you. In addition, the page provides an instant messaging feature that you can use.

As I know we have many international students, I want to highlight in particular the guide below as it may be helpful for you:

[Academic Integrity - Referencing, Citation & Avoiding Plagiarism: International Students Study Skills](#)



## UCD Careers Network Career Action Plan (CAP) programme for Graduate Researchers via ZOOM

From 23rd Jan to 27th Feb every Thursday lunchtime for 6 weeks - a short 50 min session to support your CAP. You can drop in to any session or attend all six to complete your career action plan! [Book](#)

You can find the list of careers events and workshops available for bookings now via MyCareer

Tara Hughes is the Career and Skills Consultant for Graduate Research Students.

**One to one sessions with Tara-** <https://ucd.careercentre.me/members>

\* if you cannot find a suitable time or cannot access the system please email [tara.hughes@ucd.ie](mailto:tara.hughes@ucd.ie)



## FINAL CALL!

Join the UCD PLAN'EAT Living Lab and receive **personalised advice** to eat healthier and more sustainably and **help shape food policy** on campus!



## UCD PLAN'EAT Living Lab!

**UCD students – receive personalised dietary support and help shape campus food policy with the UCD PLAN'EAT Living Lab!**

Are you passionate about eating well while making a positive impact on the planet? Join the UCD PLAN'EAT Living Lab, a research initiative at the UCD Institute of Food and Health, dedicated to supporting students in adopting healthier, more sustainable diets.

As a member of the PLAN'EAT Living Lab, you'll have the opportunity to:

- Get personalised dietary feedback to help you make informed food choices
- Share your experiences and help shape campus food policies
- Access exclusive events, workshops, and insights on sustainable eating
- Be part of an innovative research community driving real change

Your voice matters! [Sign up here](#) to learn more and take advantage of this unique opportunity to improve your diet, influence campus food culture, and contribute to a healthier, more sustainable future.